

STS Publishing

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iPreSS™

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THANKSGIVING

Spare the Turkey – Dissect the Word

TOUCHING A SOUL
HEARING A CRY
ACKNOWLEDGING SUFFERING
KINDNESS IN ACTIONS
SUTURING THE WOUNDS
GIVING HOPE
INTUITIVELY RESPONDING



IN THE LIMELIGHT

Personality of the Month



Gail (Aoki) Terada
(HJP Photo)

FORMERLY from Haliimaile, Gail and her husband Donald now reside in Wailuku. She is involved with class activities as one of the reunion committee “regulars,” who meet on a regular basis to plan our reunions. We are grateful to Gail for her support in having contacted those on Maui, by phone, to remind them about upcoming meetings, as well as helping with the distribution of reunion flyers, in coordination with others who are also involved with this particular activity.

GAIL has generously volunteered at the local senior center to help with senior activities, such as karaoke. She remains active with travel and has, in recent years, visited China and Japan with her spouse and her fellow classmates. She is officially retired.



Plucked from the 1960s Maui Hi=Notes

Conscious of Your Speaking Habits?

MUCH of your success in this world depends upon your speech. It is your key to a promising future. Not until you open your mouth to speak do others “see” the real you.

IF you have trouble speaking, borrow a recorder and tape your voice as you speak normally. Doing this will enable you to discover yourself—“seeing” yourself as others see you. If you find yourself to have many bad points, take quick steps to improve them.

THERE are definite steps to take towards a better you. Your first step was to experiment with a tape recorder and find the qualities that you must develop. Next, take action to avoid any pidgin you may have been using, or any other “defects” which you found to grate your ears as you listened to your tape. Some of these may have been your slurred enunciation, your unnaturalness in speaking, and your bad pronunciation of words.

NO doubt, you have been constantly told not to use pidgin. If you have not already destroyed your pidgin vocabulary, it would be wise to do so immediately. Pidgin users are normally referred to as unschooled.

TRUE, it is the language that does exist in many parts of the world, but it is not the language of the educated. If you expect to get ahead, avoid using pidgin, for it is the language of the uneducated.

YOU can improve your naturalness of speech and pronunciation of words by listening attentively to those who speak well—teachers, announcers, most television stars, etc.

TAKE these important steps that others may see a nicer, more intelligent you!

January 1964
Author Unknown



Ms. Furukawa, Karl “Kully” Takushi & Dennis Watanabe
(You provide your own caption!)

MHS64 WEBMASTER

Enjoying His New Role!



Howard "Howie" J. Platiro
(Class Communicator)

Class Website:

<http://www.mhs64sabersHJP.org>

Email:

webmaster.mhs64sabersHJP.org@hawaiiantel.net



Photoshare



Snow on Mt. Haleakala, Maui, Hawaii
A Mike Matsumoto Photo, 1-29-2008



Kristen Beason Folk Art
Copyright © 2009

Health & Fitness

WE "Baby Boomers" may be facing some unpleasant facts about our changing physical and emotional health. Many of us have lost some flexibility in our joints or have painful swelling in our knees, feet, or hands. Or, we might suffer insomnia these days when sleeping was no problem in our youth. Take, for example, the guys who slept in class during a boring lecture or who were otherwise waiting for that darn lunch bell or instructor to show up!



TODAY we face some challenges that we knew we'd be facing someday, but we ask ourselves, "Why so soon?" After all, don't our minds still feel rather young, vibrant, and wanting to tackle anything we feel like doing?" Technically, we are still "middle aged" but on the cusp (age 65) of the so-called "back burner" years, the years when we shall be relegated to the Medicare "pool" and shall be asked to produce our ID when we attempt to ride an amusement park's thrill ride at the pleading of our lit'l keikis (grandchildren).

OTHER challenges might be associated with our "younguns," instead, as they push our okoles (behinds) up the stairway or have to politely wait for us to measuredly, or methodically, finish our thoughts or stories and to say whatever we need to say to them, desperately, before it's too late to communicate with the young folk who have already been influenced by rapidly advancing gizmo devices that take them away from us. Let's face reality: We can't keep up with them!

SINCE it's difficult to try to change the course for those who follow, we can instead focus on our health and fitness. We are fortunate to have outstanding medical personnel and facilities in our lifetime and can take advantage of the latest medical breakthroughs.

FINALLY, let's keep our minds sharper by staying socially involved, offered in the news lately. Others challenge our minds, so being socially isolated is potentially harmful to us. Keep regularly in touch with classmates by attending the reunion meetings, visiting the new class website whenever possible, or thinking seriously about doing some volunteer work. Bottom line: Let's brace ourselves for the new life metamorphosis that's in progress!



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